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Yale Solomon, Jonathan D. Solomon  
(with) really liked it 4.00 · Rating details  
· 30 ratings · 2 reviews. Each year, more  
than 400,000 Americans are diagnosed  
with macular degeneration, an age-  
related, progressive eye disease that  
immediately raises a fear of total  
blindness.

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Overcoming Macular Degeneration addresses spoken and unspoken patient fears and concerns. There is thorough review of options and attitudes for dealing with visual impairments to enable patients to increase their visual ability and achieve a renewed lifestyle.

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## **Overcoming Macular Degeneration : A... book by Yale Solomon**

Macular degeneration is the leading cause of vision loss in people over the age of 50 and while there is no cure, there are things that can be done to reduce the chances of getting it. Proper nutrition and healthy lifestyle habits play

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a key role in age-related macular degeneration prevention, medical experts say.

## **A Guide to Macular Degeneration Prevention | Top Class Actions**

Being obese doubles the risk of developing advanced macular degeneration (van Leeuwen et al.,

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2003). Losing weight via a healthy diet and regular exercise can reduce your risk of developing MD. For more information, see the Ways to Reduce your Risk section in this article.

## **Macular Degeneration Guide | American Foundation for the Blind**

Eat leafy vegetables high in lutein, like

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spinach,” said Pierce. Keep up with your medication. If you take medication to manage your blood pressure or cholesterol levels, don't forget to pack ...

## **7 Tips to Stop Macular Degeneration - Healthline**

Macular degeneration affects both distance and close vision, and can make

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some activities like threading a needle or reading difficult or impossible.

Although macular degeneration reduces vision in the central part of the retina, it does not affect the eye's side, or peripheral, vision.

## **Macular Degeneration - Midwest Eye Care**

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Macular Degeneration. Health Guide;  
Care Notes; Medication List; Q & A; What  
is Macular Degeneration? Macular  
degeneration is a common cause of  
blindness and vision problems among  
older people. Macular degeneration is  
also called age-related macular  
degeneration, or AMD. AMD damages  
the macula. The macula is a part of the



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eye that is ...

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## **Overcoming Macular Degeneration : A Guide to Seeing Beyond ...**

Driving with Age-related Macular Degeneration. Written by Dr. David Evans Last modified on April 22, 2019.

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Age-related macular degeneration (AMD or ARMD) is the leading cause of blindness in people 65 and older. As we age and our eye health begins to deteriorate, vision can be significantly compromised.

## **Driving with Age-related Macular Degeneration - Better ...**

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And that's even with the worst type of macular degeneration, known as wet macular degeneration, starting with bleeding and scarring in the retina... There are dozens of natural remedies and therapies that will be crucial to support your potential for healing of the underlying causes of a condition like Macular Degeneration...

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## **Macular Regeneration Lab**

Macular Degeneration: The Complete Guide to Saving and Maximizing Your Sight Lylas G. Mogk Md. 4.2 out of 5 stars 60. Kindle Edition. \$15.99. Macular Degeneration: A Complete Guide for Patients and Their Families Michael A. Samuel. 5.0 out of 5 stars 6. Kindle

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Overview Macular degeneration (also  
called AMD, ARMD, or age-related  
macular degeneration) is an age-related  
condition in which the most sensitive

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part of the retina, called the macula, starts to break down and lose its ability to create clear visual images.

## **Macular Degeneration | Optometrist in Waldorf, MD | Hi Def ...**

For selected people with advanced dry macular degeneration in both eyes, one option to improve vision may be surgery

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to implant a telescopic lens in one eye. The telescopic lens, which looks like a tiny plastic tube, is equipped with lenses that magnify your field of vision.

### **Dry macular degeneration - Diagnosis and treatment - Mayo ...**

The dry form of macular degeneration, in which the light-sensitive cells of the



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macula slowly break down, is the most common type, accounting for 90 percent of diagnosed cases. Wet macular degeneration accounts for approximately 10 percent of cases, but results in 90 percent of legal blindness.

## **Macular Degeneration Research News: Spring 2020 ...**

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Yale Solomon, Jonathan D. Solomon  
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